



**State of Arizona Acupuncture Board of Examiners**  
1400 West Washington, Suite 230, Phoenix, Arizona 85007  
(602) 542-3095 FAX (602) 542-3093

**STUDY COMMITTEE ON DRY NEEDLING MEETING**

**July 23, 2013**

**OPEN SESSION MINUTES**

Members of the Arizona Acupuncture Board of Examiners Study Committee on Dry Needling met at 5:00 p.m. on Tuesday, July 23, 2013, at 4205 N. 7<sup>th</sup> Avenue, Suite 205, Phoenix, Arizona.

**Committee Members Present:**

Patricia Martin            Sara Demeure  
John Rhodes              Kathleen Ganley  
                                     Liz Sinish

**Committee Members Absent:**

Maureen Bronson

**Administrative Staff:**

Pete Gonzalez, Executive Director, Arizona Acupuncture Board of Examiners  
Charles Brown, Executive Director, Arizona State Board of Physical Therapy

The Committee was called to order at 5:15 p.m. The following order of business was then considered:

Liz Sinish, PT, introduced herself to the committee and stated she does not practice dry needling.

John Rhodes moved for the adoption of the June 11, 2013 committee meeting minutes with a second by Patricia Martin. The motion passed unanimously.

The committee continued their discussions on the following assignments:

- A. Physical Therapy and Acupuncture Education
  1. First Professional Education to Qualify for Licensure--John Rhodes and Kathleen Ganley.
  2. Continuing Education and Competence—John Rhodes and Kathleen Ganley.

3. Dry Needling Courses—Sara Demeure

B. Patient Safety Data (Studies)

1. Physical Therapy (Dry Needling)—Sara Demeure, Liz Sinish, Kathleen Ganley
2. Acupuncture—Patricia Martin, Mo Bronson

C. Intent of Treatment

1. Physical Therapy (Dry Needling)—Sara Demeure
2. Acupuncture—John Rhodes, Patricia Martin

D. Community Impact

1. Access to Care—Chuck Brown, Pete Gonzalez, Liz Sinish
2. Malpractice—Chuck Brown, Pete Gonzalez, Liz Sinish
3. Payment Issues (Insurance) —Chuck Brown, Pete Gonzalez, Liz Sinish

The committee was presented with a sub-committee report, prepared by Kathleen Ganley and John Rhodes, on physical therapy and acupuncture education. The objectives of this report was to review entry level requirements for both PT and Acupuncture educational programs, review continuing education and competency requirements in both professions, review available dry needling curriculum. A copy of the entire report is available upon request.

The committee discussed the continuing education process used by the Arizona Physical Therapy Association. In addition, Sara Demeure provided the committee with a listing of dry needling continuing education providers.

Patricia Martin shared her thoughts on the book “The Yellow Emperor’s Classic of Medicine” (Chapter 77) which is a highly readable narrative for students—as well as for everyone curious about the underlying principles of Chinese medicine. All the subjects are discussed in a holistic context that says life is not fragmented, as in the model provided by modern science, but rather that all the pieces make up an inter-connected whole. By revealing the natural laws of this holistic universe, the book offers much practical advice on how to promote a long, happy, and healthy life.

### **Future Meeting Dates**

A meeting date sometime in July will be scheduled and announced.

### **Call to the Public**

Y.M. Chen, L.AC. shared his thoughts on dry needling as practiced by physical therapists and expressed his concern for public safety by having physical therapists treat patients with dry needling.

### **Discussion of Items to be placed on a future meeting agenda**

Continuation of items listed on this meeting agenda.

### **Adjournment**

The Committee adjourned at 8:17 p.m.

Respectfully Submitted,

A handwritten signature in cursive script that reads "Pete Gonzalez".

Pete Gonzalez  
Executive Director

Approved by the Committee: September 11, 2013